



How does the PSAP help students?

The Pilates School Approval Program helps students by:

- Ensuring students invest in quality education
- Helping students find and compare schools offering comprehensive programs
- Assuring graduates of eligibility for the certification exam
- Protecting students' interests

How do schools become PSAP Approved?

To become approved by the **Pilates School Approval Program**, schools must complete an application evaluating their compliance with 10 Educational Standards. To establish compliance with the Standards, schools must write narratives and upload documents as evidence.

If you want to learn more about the **Pilates School Approval Program**, you can visit the PSAP website:

www.pilatesschoolapprovalprogram.com

You can also contact the PSAP by email:

psap@pilatesmethodalliance.org



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Pilates School Approval Program

For Students

A program developed by the Pilates Method Alliance



PSAP

PILATES SCHOOL APPROVAL PROGRAM

What is the Pilates School Approval Program?

The Pilates School Approval Program (PSAP) is a program that recognizes schools that have gone through a rigorous process to show their compliance with 10 Educational Standards.

It is also a tool for students to find institutions offering comprehensive teacher training programs.



Why choose a PSAP Approved School?

With so many Pilates schools to choose from, how do you choose the one that is right for you? The **Pilates School Approval Program** assists you in making the right choice.

If you enroll in a PSAP Approved School, you will know that the following elements have been analyzed by the PSAP:

School catalog: The PSAP looks at attendance requirements, dismissal, costs, description of courses and programs, the refund policy and graduation requirements.

Enrollment agreement: The PSAP reviews the school's contract with the student for details including costs, the refund policy, requirements for graduation and a student's right to cancel.

Refund Policy: The PSAP requires schools

to have a refund policy for students that leave the program prior to completion.

Teachers' biographies: The PSAP requires that the Program Director and any other instructional personnel have completed a comprehensive teacher training program. Their biographies must be published in the School Catalog.

Facilities: The PSAP requires that approved schools provide the necessary space and apparatus to teach the comprehensive program.

Curriculum content: The PSAP requires all curriculum content to have a minimum of 450 hours that is taught on mat and all apparatus.

Assessments: The PSAP requires that performance standards are clearly outlined and that students are regularly assessed with both written and practical assessments.