

Semi-Circle Track Correction in Newer Centerline Reformers

Do your new Centerline reformer tracks look like the one on the left when you wish it looked like the older model on the right? Do your more petite clients struggle with semi-circle because of it? Well, here is your solution with just purchasing a few things:

1. Power Drill
2. Pencil
3. [8.3 - 8.5mm drill bit](#)
4. [Center Punch](#)
5. [Deburring drill bit](#)
6. [Metal Sanding Block](#)



1. Mark on the track equal distance from frame and track edge and 6 inches (15cm) from the last hole and then again 6 inches (15cm) from the mark you just made.



2. Place your Center Punch at the center of your marks and strike it with a hammer to create a small divot to start the drill.



3. Put the 8.3 - 8.5mm drill bit into your drill and be sure to drill **straight** down through both the top and the bottom of the reformer rail.



4. Place the deburring drill bit in the drill, file down any sharp edges around the rim.



5. Use your metal sanding block to file down any remaining sharp edges. Wipe down/vacuum frame track so that no metal chips or sharp edges remain that can damage the wheels.



6. Now your new track should look like this - if you have any issues or questions, please reach out to me, Jessy Babin, at info@enlightenedpilates.com. A special thanks to construction model and ultimate handyman, Robe Giacomuzzi, bravo!!

